

Katie Testa

Making life more wonderful

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EXPERIENCE

[MD Nonviolent Communication](#), Detroit, MI — *Founder*

January 2011 - PRESENT

Founder, Executive Director, Trainer, Coach. Develop, coordinate and lead trainings. Work privately with individuals, couples, and groups. Website design, content creation and marketing.

[NYC Nonviolent Communication](#), NYC, NY — *Trainer*

March 2013 - March 2020

Primarily worked as trainer and coach. Functioned as Program Coordinator and helped to develop curriculum, marketing, and organization for in person and virtual trainings and retreats.

[International Attachment Network](#), London, UK — *Liaison*

June 2018 - PRESENT

Promote the understanding of Attachment Theory and act as Liaison, arranging and assisting individuals and groups networking within the professional Attachment Theory community.

[Motor City Float](#), Detroit, MI — *Float Guide & Technician*

September 2019 - PRESENT

Multifunctional role greeting and orienting guests to the sensory deprivation tank environment, supporting integration of their experience afterward, maintaining healing atmosphere of spa, opening and closing of business and other functional things including maintenance of the tanks themselves (specific gravity, sanitization, temperature, etc.)

My Family, Detroit, MI — *Mother*

September 2005 - January 2011

Stay at home(schooling) mother of three children. Jack of all trades during this period. (: I am still their mother, of course, but also wear professional hats now.

SKILLS

Curriculum Development
Training
Coaching
Public Speaking
Communication
Empathy
Presence
Learning
Leadership
Systems Thinking

LANGUAGES

English, Parts, Giraffe, Jackal

EDUCATION

Autodidact

April 1985 - PRESENT

Forever curious